

Help me get ready for kindergarten!

It starts at birth.

How can you help?

Benchmarks for Kindergarten



For a free
developmental
screening call:
(847) 888-5000
x6094

www.u-46.org/givemefive
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Talk

Tell me your stories; listen to mine.
Sing songs and nursery rhymes.
Talk about things we are doing.
Teach me new words.
Ask me 'how' and 'why' questions.

*Talks in complete sentences
to describe an experience
with details*

Play

Build with me.
Pretend with me.
Make time for me
to play with other kids.
Be silly with me.
Teach me the rules.

*Follows rules and routines
in a group setting with
some adult reminders*

Read

Read to me; listen to me "read" to you.
Point out meaningful letters in my world:
J is for Jack, D is for Donut.
Point out the first letter in
words and the sound it makes.
Use rhyming words with me.
Reread books I love.

*Names 40 upper or
lower-case letters*

Do

Take me to the library.
Explore our community with me.
Count things with me.
Let me touch, taste and smell new things.
Play games with me.

Counts up to 10 objects

Write

Use playdough with me.
Draw pictures with me.
Show me how to make letters.
Write down what I say.
Make lists with me.

*Draws pictures and/or makes
letters or letter-like shapes to
convey a message*